COMPLETE WOMAN

COMPLETE WOMAN IS A TRUSTED CHOICE FOR WOMEN SEEKING TO SUPPORT OVERALL HEALTH, DAILY ENERGY, NORMAL HORMONAL FUNCTION, AND THE HEALTH OF THEIR SKIN, HAIR, AND NAILS.



Nutritional Information	Av.per 2Tablets	%EC NRV†
Starflower Oil	100 mg	_
Evening Primrose Oil	100 mg	_
Citrus Bioflavonoids	10 mg	_
Folic Acid	400 µg	200
Biotin	50 µg	100
Iron (Ferrous Fumarate)	14 mg	100
Zinc (Zinc Sulfate)	15 mg	150
Selenium (Sodium Selenate)	100 µg	182
Betacarotene	2 mg	_
Vitamin B1 (Thiamin)	10 mg	909
Vitamin B2 (Riboflavin)	5 mg	357
Vitamin B3 (Niacin)	36 mg NE	225

Nutritional Information	Av.per 2Tablets	%EC NRV†
Vitamin B5 (Pantothenic Acid)	6 mg	100
Vitamin B6 (Pyridoxine Hydrochloride)	10 mg	714
Vitamin B12 (Cyanocobalamin)	30 µg	1200
Vitamin D (Ergocalciferol)(as D2 400 IU)	10 µg	200
Vitamin E (DL-Alpha Tocopheryl Acid Succinate)	30 mg α-TE	250
Vitamin K	90 µg	120
Vitamin C	60 mg	75
Manganese (Manganese Sulfate)	2.5 mg	125
Copper (Copper Sulfate)	1500 µg	150
Chromium (Chromic chloride)	50 µg	125
Magnesium (Magnesium Oxide)	100 mg	27

†NRV - Nutrient Reference Value
µg - microgram, mg - milligram, IU - International Units

AXON TEB DAROU

HEALTH VAULT
Safeguard Your Health, Naturally

صاحب پروانه: شرکت اکسون طب دارو

شماره تلفن مرکز مشاوره: ۰۲۱-۴۱۷۸۶

www.HealthVault.ir

HealthVaultiran

30 Tablets



HEALTH VAULT

COMPLETE WOMAN

Daily Multivitamin

Beyond a Multivitamin
Powered by Evening Primrose Oil, Starflower Oil & Essential Nutrients.

Complete Women's Support
A Comprehensive Formula for Women's Energy, Hormonal Function, Immunity, and Natural Beauty.

23 Essential Nutrients
More Complete Than an Ordinary Multivitamin.

SKIN, HAIR & NAILS **WELLBEING**



FORMULA OVERVIEW

Health Vault Complete Woman provides a comprehensive combination of Vitamins, essential Minerals, Antioxidants, and Botanical oils. This balanced formulation is designed to meet women's nutritional needs and support overall health, daily energy, and normal physiological function.

EVENING PRIMROSE OIL and STARFLOWER OIL, natural sources of Gamma-Linolenic Acid (GLA), together with VITAMIN B6 and FOLIC ACID, provide nutritional support for normal hormonal function in women.

IRON and B VITAMINS contribute to normal red blood cell formation, energy metabolism, and the reduction of tiredness and fatigue.

The formula also provides BETA-CAROTENE, CITRUS BIOFLAVONOIDS, SELENIUM, COPPER, MANGANESE, and CHROMIUM, supporting antioxidant protection, normal immune function, and metabolic processes, as well as healthy skin and hair.

VITAMIN D and VITAMIN K contribute to the maintenance of normal bones, while MAGNESIUM contributes to normal muscle function.

WHO IT'S FOR?

EVERYDAY VITALITY

- For women with changing hormonal and nutritional needs throughout different life stages.
- For women with regular menstrual cycles and increased nutritional needs for iron and energy metabolism.
- For women seeking nutritional support for normal immune function and antioxidant protection.

ACTIVE & PERFORMANCE

- For women with regular physical activity or increased nutritional needs for musculoskeletal health.
- For women seeking nutritional support for the maintenance of normal skin, hair, and nails.
- For women with demanding mental workloads, intensive study or work schedules, and high daily activity.

DIETARY FIT

Gluten-Free
Suitable for women seeking a gluten-free nutritional supplement.

Vegetarian Friendly
Suitable for women following a vegetarian lifestyle.

KEY NUTRIENTS & FUNCTIONS

FUNCTION	KEY NUTRIENTS
Provides nutritional support for normal hormonal function, reproductive health, and women's overall well-being.	· Evening Primrose Oil · Starflower Oil · Vitamin B6 · Folic Acid · Zinc
Supports normal red blood cell formation and oxygen transport, contributes to normal energy metabolism, and helps reduce tiredness and fatigue.	· Magnesium · Folic Acid · B Vitamins · Chromium · Iron
Supports normal immune function and helps protect cells against oxidative stress.	· Vitamin C · Vitamin D · Vitamin E · Zinc · Selenium · Beta-Carotene · Copper · Citrus Bioflavonoids
Supports the maintenance of normal bones and normal muscle function and contributes to normal connective tissue formation.	· Copper · Vitamin D · Vitamin K · Magnesium · Manganese
Supports the maintenance of normal skin and hair while providing antioxidant protection against oxidative stress.	· Biotin · Vitamin A · Zinc · Selenium · Beta-Carotene · Vitamin C · Copper · Vitamin E
Supports normal nervous system and psychological function and contributes to normal energy metabolism.	· B Vitamins · Magnesium · Zinc · Iron

DIRECTIONS FOR USE & CAUTIONS

Two Tablets daily with the main meal. Consume with a glass of water or a cool beverage. Do not exceed the suggested dosage. Consult a doctor prior to use if you are taking medicine or are under medical supervision, pregnant, breastfeeding, have epilepsy, a thyroid disease, haemochromatosis, or food allergies, as this supplement contains Vitamin K. If you are taking anticoagulants (e.g. warfarin), consult a doctor before use. Do not chew. Take only on a full stomach.

Store below 25°C in a dry place, out of sight and reach of children.